

Communities of Health: Las Vegas

Coming together in uncommon ways for a common purpose.



You are invited to attend: December 11, 2008

With all that's being done to make medical treatments more effective and individuals more engaged in their health, our health as a nation is getting worse not better. Why? CIGNA invites you to a **Communities of Health Forum**, where you'll learn hidden factors undermining the health of our nation, and explore new possibilities for change.

Through noted experts and facilitated discussion, attendees will examine how social factors in our neighborhoods and workplaces play a powerful role in determining health. You'll also work alongside peers and thought leaders to gauge the capacity within our communities to address these factors and consider the *most effective* means for doing so.

We hope you accept our invitation to attend this complimentary event.

Agenda

7:30AM

Registration and Continental Breakfast

8:30AM–11:30AM

Communities of Health Forum

- **Welcome & Overview** – Learn why it is time to ask new questions about health, what's happening in Las Vegas, and how you can join the growing number of people and organizations coming together to consider the health of our community.
- **Keynote** – Len Syme, PhD, Professor Emeritus, Epidemiology and Community Health/Human Development, School of Public Health, University of California, Berkeley – Drawing on a half century of research, Dr. Syme will challenge prevailing assumptions about what determines health and illness, and what's required for change.
- **World Café** – Presentation of the facts, followed by interactive discussion of community influences of health.
- **What's Next?** – Mapping the way to meaningful and sustainable change.

11:30AM–12:30PM

Lunch (optional) – Conversation and networking continue.

1:00PM–5:00PM

Learning Groups/Discussions (optional) – Participants gather with local colleagues and thought leaders into facilitated discussion groups to further explore the social determinants of health, the work currently underway in Las Vegas, and opportunities to move forward together.

Rio All-Suite Hotel & Casino

Room: Brasilia 1 & 2

3700 West Flamingo Road

Las Vegas, NV 89103



Seating is limited. Register for this complimentary event by **Friday, December 5**, at www.communitiesofhealthforum.com.